

# LIFE GROUPS

## ***Central Christian Church Counseling Referral List***

***As of 2/1/2018***

*Fees and insurance coverage vary; call for details.*

### **Chandler**

Biblical Hope Counseling

480.225.1716

[www.BiblicalHope.org](http://www.BiblicalHope.org)

Specialty: Couples, individual, trauma

Concentric Counseling Inc.

480.897.7307

[www.ConcentricCounseling.com](http://www.ConcentricCounseling.com)

Specialty: Eating disorders, EMDR, trauma

Marriage Coaching Us

602.999.0209

[www.MarriageCoaching.us](http://www.MarriageCoaching.us)

Specialty: Premarital and marriage relationships

### **Gilbert**

Biblical Counseling of Arizona

480.535.1800

[www.BiblicalCounselingAZ.org](http://www.BiblicalCounselingAZ.org)

Specialty: Group, personal, or traumatized family counseling

Kobsar, Jamie PhD, LPC

480.284.1456

[www.JamieKobsar.com](http://www.JamieKobsar.com)

Specialty: Individuals, couples, family

Life Song Counseling Centers

480.656.8349

[www.LifesongCounselingCenter.com](http://www.LifesongCounselingCenter.com)

Specialty: Adults, couples, children, adolescent therapy



# LIFE GROUPS

Nixon, Stephanie

602.999.0725

[www.CompassCounselingAZ.com](http://www.CompassCounselingAZ.com)

Specialty: Body image, anxiety, women's issues, trauma

Total Life Counseling

480.444.2434

[www.TotalLifeAZ.com](http://www.TotalLifeAZ.com)

Specialty: Children, teens, adults, groups

Zehring, Brad DO

480.935.3205

[www.AZRPpsych.com](http://www.AZRPpsych.com)

Specialty: Eating disorders, mental health

Zehring, Holly

602.403.4282

[www.OpheliasPlace.org](http://www.OpheliasPlace.org)

Specialty: Eating disorders, body dissatisfaction

## Glendale

Andersen, Chris S. MA LPC NCC

623.680.8172

[www.NWChristianCounseling.com](http://www.NWChristianCounseling.com)

Specialty: Marriage, relationships, teens, anxiety, grief/loss

## Goodyear

Rivers, Susan LMFT

623.935.5984

[www.GSusanRivers.com](http://www.GSusanRivers.com)

Specialty: Individual and couple therapy, anxiety, depression, grief/loss

## Mesa

Beatty-Taylor, Dawn R. MC, LPC

480.775.3528

[www.IndependentProfessionalsCenter.com](http://www.IndependentProfessionalsCenter.com)

Specialty: Marriage, family, teens



# LIFE GROUPS

Covert, Joel LICSW, LCSW  
480.730.6222 ext. 1212

[www.PCAAZ.com](http://www.PCAAZ.com)

Specialty: Individual, marriage and family counseling, crisis intervention

Family Strategies  
480.668.8301

[www.FamilyStrategies.org](http://www.FamilyStrategies.org)

Specialty: Sexual addiction, same-sex attraction, anxiety, codependency

Good Works Counseling agency  
480.821.1330

[www.GoodWorksCounseling.com](http://www.GoodWorksCounseling.com)

Specialty: Bible-based counseling, family, all ages, ask for Central discount

Kilgore, Therese  
602.435.9157

[www.SparrowCounseling.com](http://www.SparrowCounseling.com)

Specialty: Individuals, couples, pre-marital, co-dependency

New Life Counseling  
800.678.0648

Specialty: Families, couples, children

Professional Counseling Associates  
480.730.6222

[www.PCAAZ.com](http://www.PCAAZ.com)

Specialty: Clinical, family, psychological assessment, individual, couples

Rice, Randall  
480.396.0394

[www.ChangeDevelopmentInstitute.com](http://www.ChangeDevelopmentInstitute.com)

Specialty: Substance abuse, interventions, teens, adults, family



# LIFE GROUPS

Winters, Shannon, Changing Lives Counseling  
480.246.2293

[www.IndependentProfessionalsCenter.com](http://www.IndependentProfessionalsCenter.com)

Specialty: Depression, anxiety, stress, marriage, family, codependency, drugs/alcohol

## Peoria

Adames, Tres MDiv BCPC  
480.525.7284

[www.ArizonaChristianCounseling.com](http://www.ArizonaChristianCounseling.com)

Specialty: Individuals, couples, pre-marital, teens, addiction, career

Ashworth, Mary MACP  
623.738.6802

[www.AshworthCounseling.com](http://www.AshworthCounseling.com)

Specialty: Women, anxiety, grief/loss, relationship concerns

New Life Counseling  
800.678.0648

Specialty: Families, couples, children

## Phoenix

Mitchell, Caleb MA MDiv LPC  
623.295.9448

[www.SocorroCounseling.com](http://www.SocorroCounseling.com)

Specialty: Individual, marriage, pre-marital

Nolan, Tara J. MSW, M.Ed, LCSW  
602.499.6010

[www.PhoenixLifeCoach.com](http://www.PhoenixLifeCoach.com)

Specialty: Marriage, family therapy, women's and relationship issues, identity issues

Retts, Bill PHD PC  
602.870.7710

Specialty: Marriage, family



# LIFE GROUPS

## Scottsdale

Professional Counseling Associates

480.730.6222

[www.PCAAZ.com](http://www.PCAAZ.com)

Specialty: Clinical, family, psychological assessment, individual, couples

Tyrrell, Deborah MC, CPC, Board-Certified Life Coach

602.402.5034

[www.DeborahTyrrell.com](http://www.DeborahTyrrell.com)

Specialty: Marriage, family, individual, women's issues, life counselor

## Tempe

Abundant Life Counseling

480.363.8858

[www.AbundantLifeCounseling-AZ.com](http://www.AbundantLifeCounseling-AZ.com)

Specialty: Adults, teens, children, family

Journeys Counseling Center

480.656.0500

[www.JourneysCounselingAZ.com](http://www.JourneysCounselingAZ.com)

Specialty: Children, teens, adults, couples, groups

