



## ACTIVISTS

*You feel closest to God and His love through confrontation and standing up for godly values and principles. You naturally worship God through advocating biblical truths about social and evangelistic topics. You thrive when challenges arise and love to go over and beyond them. You will benefit from surrounding yourself with challenges that demand the very best of you; otherwise you may get frustrated and grow stagnate.*

**Engage Your Pathway:** Get involved in the local community through volunteering at food pantries, crisis pregnancy centers, social reform movements, etc.

**Challenge Yourself:** Develop a reflective discipline like journaling to help you process the work God is doing in you.

## ASCETICS

*You feel closest to God and His love in solitude and simplicity. You naturally worship God through spending quiet time in prayer as it allows you to escape all of the noise and distractions of life. Although you enjoy your alone time with God in prayer, it's important to surround yourself with other believers at times. So make sure you have a regular alone time with God AND a regular time to spend in fellowship with other believers.*

**Engage Your Pathway:** Wake up early in the morning to spend time in prayer and worship, or spend that time in the quiet of the night.

**Challenge Yourself:** Find someone who you can talk to regularly and process what God is doing in your life.

## CAREGIVERS

*You feel closest to God and His love through serving others. You naturally worship God through offering yourself to help those around you. You are willing to drop whatever you're doing in order to help someone. You often find yourself uncomfortable if you don't have a role in a given setting because you are constantly looking for ways to serve without having to be asked to do so. Connection and service are important to your pathway, so get involved with a serving team at Central if you haven't already.*

**Engage Your Pathway:** Volunteer your time at a food pantry or homeless shelter.

**Challenge Yourself:** Learn how to receive love when you do not feel like you are being productive or contributing.





## CONTEMPLATIVES

*You feel closest to God and His love through adoration. You naturally worship God through uninterrupted time alone to focus on your deep, sincere relationship with God. You have an active prayer life and prefer remaining still in His presence rather than doing busy tasks. You are extremely attentive, intimate and carry a deep love for God. Continue to make space for regular, intense, uninterrupted alone time with God, and commit yourself to acting on what God tells you during that time.*

**Engage Your Pathway:** Carry something small in your pocket, like a cross, that will serve as a reminder of who you serve.

**Challenge Yourself:** Stay connected with the relationships in your life, even if/when those relationships become challenging.

## ENTHUSIASTS

*You feel closest to God and His love through your high energy and passion. You naturally worship God through displaying your incredible passion and enthusiasm. You get so excited and amped up for the things that God is doing all around you and no matter what you're doing, you give it your all. Sometimes you may get so excited that you forget to stop and listen to God. This is why it is important for you to take time on a regular basis to stop and listen to what God is trying to tell you.*

**Engage Your Pathway:** Spend time with children, as it will allow you to channel your energy and passion in order to help them discover who Jesus is.

**Challenge Yourself:** Create a discipline of studying the Word of God to make sure that your mind, heart, and emotions are deeply rooted in your knowledge of God.

## INTELLECTUALS

*You feel closest to God and His love through learning. You naturally worship God through learning new ideas. You enjoy intense study of the Bible, apologetics and intellectual topics within Christianity. If you were to stop learning, then you would probably find yourself growing stagnate. Read books that cause you to think critically about your beliefs and ideas; share your learning with other intellectually-oriented people who can challenge you as well.*

**Engage Your Pathway:** Study the seven basic topics in systematic theology: God, humankind, Jesus, Holy Spirit, the Church, eschatology, and revelation.

**Challenge Yourself:** Participate in corporate worship and spending alone time in prayer; allow what you've learned lead to worship.





## NATURALISTS

*You feel closest to God and His love in the outdoors. You naturally worship God when you are spending time in nature, experiencing God's masterwork. It is easy for you to discover spiritual truth by being in nature. When you are outdoors, it renews and moves you deeply, which in return, strengthens your faith. Find a couple of outdoor locations that you can use as a getaway, and then make a plan to visit these places on a regular basis for renewal.*

**Engage Your Pathway:** Read your Bible outside, meditating on what you're reading through experiencing God's beauty first-hand.

**Challenge Yourself:** See the beauty in the people around you and to listen to what God is trying to say to you through them.

## SENSATES

*You feel closest to God and His love through your senses. You naturally worship God when your senses are involved through different experiences like seeing art, listening to music, smelling incense or nature, and more. Your connection to God will grow as you discover new ways to engage your senses in times of worship, so try out some new practices when you pray and study (take a prayer walk at a museum, or light candles next time you sit down to study your bible).*

**Engage Your Pathway:** When reading the Bible, insert yourself into the scripture passage. Put yourself in one of the character's shoes and experience the story as if you are that character.

**Challenge Yourself:** Spend some time alone with God where you can sit quietly and listening to what God has to say.

## TRADITIONALISTS

*You feel closest to God and His love through the use of meaningful rituals and symbols. You naturally worship God through the structure and repetition that the Church provides. Tradition helps you develop a deeper understanding of God and to see your place in the larger story of God's work in the world. You can bring this same structure to your personal life by planning a regular time and place to meet with God every day.*

**Engage Your Pathway:** Follow the Church calendar and celebrate the significant days like Pentecost and Advent.

**Challenge Yourself:** Get involved with the social ministries/events that the Church has to offer.

