

# COMMUNITY RESOURCE GUIDE 2020



## ADOPTION SERVICES

### **Christian Family Care**

*Phoenix*

602-234-1935

<https://cfcare.org/adoption-2/about-adoption/>

### **Aid to Adoption of Special Kids (AASK)**

*Valley Wide Locations*

602-930-4900

<https://www.aask-az.org/>

### **Arizona's Children Assn. Foster Care & Adoption**

*Phoenix*

1-800-944-7611 or 602-234-3733

<https://www.arizonaschildren.org/>

### **AZ Foster Care & Adoption DCS**

*Phoenix*

1-877-543-7633

<https://dcs.az.gov/fosteradoption/provide-permanency-child-through-adoption>

### **Arizona State Adoption Assistance Program-North American Council on Adoptable Children**

*Phoenix*

602-771-6407

<https://www.nacac.org/help/adoption-assistance/adoption-assistance-us/state-programs/arizona-adoption-assistance-program/>

## AFTER SCHOOL SERVICES

### **Apache Junction Unified School District-Daycare, Preschool, Before and After School Care Programs**

*Apache Junction*

480-982-1110 Ext. 2001

<https://www.ajusd.org/domain/44>

### **Chandler School District-Kids Express Before and After School Hours**

*Chandler*

480-224-3900

<https://www.cusd80.com/Page/87257>

### **Gilbert School District—Very Important Kids (VIK) Program Before and After School Hours**

*Gilbert*

480-892-9089 Ext. 100

<https://www.gilbertschools.net/domain/70>

### **Glendale Elementary School District—Extended Day**

*Glendale*

623-237-7144

<https://portals.gesd40.org/domain/101>

### **Higley Public Schools Kids Club-Before and After School Hours**

*Higley/Gilbert*

480-279-7055

<https://www.husd.org/Page/42892>

## AFTER SCHOOL SERVICES CONTINUED

### **Kyrene Elementary School District-Kids Club Before and After School Hours**

*Tempe*

480-541-1000

<https://www.kyrene.org/kidsclub>

### **Mesa Public Schools-Xplore Before & Afternoon Hours**

*Mesa*

480-472-7250

<http://www.mpsaz.org/xplore>

### **Queen Creek Unified Public Schools—Discovery Kids**

*Queen Creek*

480-987-5935

[https://www.qcusd.org/Community\\_Education](https://www.qcusd.org/Community_Education)

### **Tempe Elementary School District-City of Tempe Kid Zone or Boys and Girls Clubs**

*Tempe*

480-730-7100

<https://www.tempeschools.org/for-parents/before-and-afterschool-care>

## CHILD CARE SERVICES

### **Arizona Child Care Resource & Referral**

*Valley Wide*

1-800-308-9000

<https://www.azccrr.com/>

### **Arizona Department of Economic Security-Child Care Services**

*Phoenix*

602-771-0730

<https://azdes-community.secure.force.com/EOL/>

### **Boys & Girls Clubs of the Metro Phoenix**

*Valley Wide*

602-954-8182

<https://bgcmp.org/clubs-locations/program-services-center/>

### **Childcare Center-Website that Lists all Child Care Providers Various**

*Maricopa County*

[https://childcarecenter.us/county/maricopa\\_az](https://childcarecenter.us/county/maricopa_az)

### **Valley of the Sun YMCA-Child Care Programs and Child Watch**

*Various Locations*

602-404-9622

<https://valleymca.org/programs-activities/family-groups/parents-night-child-care/>

## DOMESTIC VIOLENCE

### **Against Abuse/La Casa & Tres Casitas**

*Casa Grande*  
520-836-0858  
<http://www.against-abuse.org/>

### **A New Leaf-Autumn House**

*Mesa*  
480-835-5555  
<https://www.turnanewleaf.org>

### **A New Leaf-Faith House**

*Glendale*  
623-939-6031  
<https://www.turnanewleaf.org/>

### **Catholic Charities-My Sisters Place**

*Chandler*  
480-821-1024  
<https://www.catholiccharitiesaz.org/phoenix/domestic-violence>

### **Child Crisis Center (Children Only)**

*East Valley*  
480-969-2308  
<https://childcrisisaz.org/>

### **Chrysalis - North Phoenix**

*Phoenix*  
602-944-4999  
<https://noabuse.org/>

### **Crisis Nursery Emergency Shelter (Children)**

*Arizona*  
602-273-7363 or 602-273-7364  
<https://childcrisisaz.org/what-we-do/emergency-shelter/>

### **DeColores (Chicanos Por La Causa)**

*North Phoenix*  
602-269-1515  
<https://www.cplc.org/hhs/dv.php>

### **DOVES (Domestic Older Victim and Empowerment)**

*Glendale*  
602-264-4357  
<https://www.aaaphx.org/program-services/doves-program/>

### **New Life Shelter**

*Litchfield Park*  
623-935-9161  
<https://www.newlifectr.org/>

### **Salvation Army's Elim House**

*Phoenix*  
602-267-4111  
[https://elimhouse.salvationarmy.org/elim\\_house\\_shelter/](https://elimhouse.salvationarmy.org/elim_house_shelter/)

### **Sojourner Center-Women's Shelter**

*Central Phoenix*  
602-244-0089  
<https://www.sojournercenter.org/>

## DOMESTIC VIOLENCE

### **Crisis Intervention, Information, and Hotlines**

### **Arizona Child & Family Advocacy**

*AZ Resources*  
1-888-767-2445  
<http://acfan.net/>

### **Adult Protective Services**

*AZ Resources*  
1-877-767-2385  
<https://des.az.gov/services/basic-needs/adult-protective-services>

### **AZ Coalition to End Sexual & Domestic Violence**

*Phoenix*  
602-279-2937  
<http://www.acesdv.org/>

### **AZ Department of Child Safety**

*AZ Resource*  
1-877-767-2445  
<https://dcs.az.gov/>

### **Hope Community Services**

*Peoria*  
623-848-8863  
<https://hcs-az.org/>

### **Hope Women's Center**

*Apache Junction*  
480-983-4673  
<https://hopewomenscenter.org/>

### **Maricopa County Domestic Violence Line**

*Phoenix*  
480-890-3039  
<https://www.maricopa.gov/762/Community-Services>

### **Mesa Family Violence Unit**

*Mesa*  
(480) 644-4675  
<http://www.mesaaz.gov>

### **National Domestic Violence Hotline**

*National Hotline*  
1-800-799-7233  
<https://www.thehotline.org/>

## EATING DISORDERS

### **A New Beginning**

*Scottsdale*  
480-941-4247  
<https://anewbeginning.com/>

### **Healthy Futures**

*Scottsdale*  
480-451-8500  
<http://healthyfuturesaz.com/>

## EATING DISORDERS CONTINUED

### Meadows Ranch

Wickenburg

1-866-332-2919

<https://www.meadowsranch.com/about-us/tour-the-meadows-ranch/>

### National Eating Disorders Association Hotline

Nationwide

1-800-931-2237

<https://www.nationaleatingdisorders.org/help-support/contact-helpline>

### Rosewood Centers for Eating Disorders

Tempe

1-855-337-2770

<https://www.rosewoodranch.com/>

## EDUCATION

### Arizona Department of Education

Phoenix

602-542-5393

<https://www.azed.gov/>

### Arizona School Districts/AZ Department of Education

Statewide

<https://www.azed.gov/districtwebsites/>

### College Bound AZ

Mesa

602-550-3161

<https://www.collegeboundaz.org/>

### College Financial Aid

Nationwide

1-800-433-3243

<https://studentaid.ed.gov/sa/fafsa>

### Department of Developmental Disabilities/DES (Services for Kids & Adults)

Statewide

602-542-0419

<https://des.az.gov/services/disabilities/developmental-disabilities>

### First Things First (Reading Literacy Children)

Statewide

602-771-5100

<https://www.firstthingsfirst.org/>

### Kids Need to Read

Mesa

480-256-0115

[http://www.kidsneedtoread.org/our\\_mission.html](http://www.kidsneedtoread.org/our_mission.html)

### GED Course Locations/AZ Department of Ed

Phoenix

602-258-2410

<https://www.azed.gov/adultedservices/>

## EDUCATION CONTINUED

### Public Libraries in AZ

All Cities in AZ

<https://publiclibraries.com/state/arizona/>

### Special Education Services/AZ Department of Education

Phoenix

602-542-4013

<https://www.azed.gov/specialeducation/>

### Southwest Human Development (Early Childhood)

Phoenix

602-266-5976

<https://www.swhd.org/about-us/>

## EMPLOYMENT

### Arizona at Work-Innovative Workforce Solutions Centers for Adults and Youth

East Valley

602-372-9700

West Valley

602-372-4200

<https://arizonaatwork.com/>

### Department of Economic Security- Job Seekers

Statewide

602-542-3957

<https://des.az.gov/services/employment/job-seekers>

### Goodwill Career Center-Resources and Help for those Seeking Employment

Maricopa County

602-535-4444

<https://www.goodwillaz.org/employment-services/>

### Maricopa County Career Services

East Valley

602-372-9700

West Valley

602-372-4200

<https://www.maricopa.gov/5226/Find-A-Job-Through-Our-Career-Services>

### Paz De Cristo- Getting Documents for Employment

Mesa

480-464-2370

<https://pazdecristo.org/contact/>

### St. Joseph the Worker-Employment Support for the Valley's Most Vulnerable Job Seekers

Maricopa County

602-417-9854

<https://www.sjwjobs.org/services/our-services/>

## EX-OFFENDER RESOURCES

### Arizona Women's Education and Employment-Job Coaching and Job Placement

Mesa  
602-601-7215  
<http://www.turnanewleaf.org/services/awee>

### Boss Ex-offender Services - Job Placement for Ex-offenders

Phoenix & Buckeye  
623-386-6365  
<http://www.bosssite.org>

### Central Arizona Shelter Services (CASS)-Men, Women, Emergency Shelter

Phoenix  
602-256-6945  
<https://www.cassaz.org/>

### Catholic Charities Community Services - Re-entry for Ex-Offenders

Phoenix  
1-855-316-2229  
<https://www.catholiccharitiesaz.org/>

### Hope's Crossing, Inc.- Re-entry Services for Women

Phoenix  
602-795-8098  
<http://www.hopescrossing.org>

### Jobs for Felons—Job Lists/Housing/Legal Information

Phoenix  
<https://www.jobsforfelonshub.com/locations/jobs-for-felons-in-phoenix-arizona/>

### Society of St. Vincent DePaul - Recently Released and Families

Phoenix  
602-261-6883  
<http://www.stvincentdepaul.net/programs/ministry-to-the-recently-released>

### Traditions Transitional Living - Support Community for Ex-offenders

Phoenix  
602-535-5958  
<http://www.traditionsrecovery.com/contact-us.html>

### Voting and Civil Rights Restoration for Former Felons ACLU-AZ (Middle Ground Prison Reform)

Phoenix  
480-966-8116  
[https://www.aclu.org/files/pdfs/votingrights/az\\_kyr.pdf](https://www.aclu.org/files/pdfs/votingrights/az_kyr.pdf)

## FOOD ASSISTANCE - Food Boxes

### AZCEND

Chandler  
480-963-1423  
<https://azcend.org/contact-us/>

### Calvary Chapel Queen Creek Food Bank

Queen Creek  
480-988-2984  
<http://calvaryqueencreek.org/food-bank/>

### Desert Manna Food Pantry /Calvary Free Lutheran Church

East Mesa  
480-981-3993  
<http://desertmannafoodpantry.org/>

### F.O.R. Maricopa

Maricopa  
520-251-0226  
<http://formaricopa.org/need-food/>

### Generation Church Food Bank

Ahwatukee  
480-893-6189  
<https://generation.church/>

### Hope for Hunger Food Bank/Phoenix Rescue Mission

Glendale  
602-773-4344  
<https://phoenixrescuemission.org/contact/>

### Matthews Crossing

Chandler  
480-857-2296  
<https://www.matthewscrossing.org/>

### Open Arms Care Center

Gilbert  
480-539-0175  
<https://www.openarmscc.com/get-help>

### Paz De Cristo

Mesa  
480-464-2370  
<https://pazdecristo.org/what-we-do/feeds/>

### Re: Store Food Pantry

Queen Creek  
480-242-4154  
<http://amadeochurch.com/ministries/re-store-food-pantry-2>

### Salvation Army

Mesa  
480-833-8322  
<http://mesa.salvationarmy.org/>

## FOOD ASSISTANCE - Food Boxes CONTINUED

### St. Mary's Food Bank Alliance

Phoenix & Surprise

602-242-3663

<https://www.firstfoodbank.org/contact/>

### Tempe Action Food Pantry

Tempe

480-422-8922

<https://tempeaction.org/what-we-do/hunger-relief/food-pantry.html>

## FOOD ASSISTANCE - Free Meals

### Andre House Dinner Service

Phoenix

602-255-0580

<https://andrehouse.org/contact-us/>

### ARIS Foundation Dinner Service at Jaycee Park

Tempe

602-935-9291

<http://www.arisfoundation.com>

### Genesis Project

Apache Junction

480-255-7757

<http://www.genesisprojectaz.com/>

### Paz De Cristo Daily Dinner Service

Mesa

480-464-2370

<https://pazdecristo.org/what-we-do/feeds/>

### Salvation Army

Glendale

623-934-0469

<http://glendale-az.salvationarmy.org/glendale-az>

### St. Vincent De Paul-Mesa Dining Hall Lunch Only

Mesa

602-625-5460

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room>

### St. Vincent De Paul-Sunny Slope Dining Room Lunch & Dinner

Phoenix

602-339-7611

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/sunnyslope-dining-room>

### St. Vincent De Paul-Phoenix Lunch & Dinner

Phoenix

480-307-2752

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/human-services-campus-dining-room>

## FOOD ASSISTANCE - Free Meals CONTINUED

### St. Vincent De Paul-El Mirage Dining Room Breakfast Only

El Mirage

602-266-4673

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/el-mirage-dining-room>

### Tempe Action Senior Center Congregate Meals

Tempe

480-422-8922

<https://tempeaction.org/what-we-do/senior-independence/senior-meal-programs.html>

## FOSTER CARE - Services

### AZ 127-Local Church Training Services that Provide Care to Foster Families

Mesa

480-464-3948

<http://az127.org/>

### Child Crisis Center-Offering Support for Children's Relatives who Foster

Mesa

480-834-9424

<https://childcrisisaz.org/what-we-do/adoption-foster-care/>

### Christian Family Care-Foster Care Agency

Phoenix

602-234-1935

<https://cfcare.org/foster-care/>

### Helen's Hope Chest - Provides Clothing, Toys, and School Supplies for Foster Families

Mesa

480-969-5411

<http://www.mesaunitedway.org/helenshope>

### Sunshine Acres Children's Home

Mesa

480-832-2540

<http://www.sunshineacres.org/>

## GLBT SERVICES

### Focus on the Family-Gender Issues, Sexuality Resources for Compassionate Christian Responses

Nationwide

1-800-232-6459

<https://www.focusonthefamily.com/get-help/leaving-homosexuality/>

### GLBT National Help Center-National Hotline (Respect, Resources, and Support for GLBT Community)

Nationwide

1-888-843-4564

<https://www.glbthotline.org/about.html>

## GLBT SERVICES CONTINUED

### **GLBT National Help Center for Suicide Prevention**

*Nationwide*

1800-273-8255

<https://www.sprc.org/resources-programs/glbt-national-help-center>

### **The Trevor Project (Non-judgmental Hotline) Assistance with Mental Health Crisis/Suicidal Thoughts**

*Nationwide*

1-866-488-7386 or Text Trevor to 1-202-304-1200

<https://ostem.org/page/crisis-hotlines>

## GRIEF SUPPORT GROUPS

### **Grief Share - Find Healing After the Death of a Loved One**

*Nationwide Groups*

1-800-395-5755

<https://www.griefshare.org/>

### **Hospice of the Valley - Grief Resources for Adults and Teens**

*Maricopa County*

602-530-6900

<https://www.hov.org/resources/grief-resources/>

### **MISS Foundation - Support Group for Grief Recovery after the Death of a Child**

*Nationwide*

1-888-455-6477

<https://missfoundation.org/about>

### **New Song Center for Grieving Children - Hospice of the Valley**

*Maricopa County*

602-530-6900

<https://www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/>

### **Stepping Stones of Hope - Camps and Resources for Children and Teens who are Grieving after the Death of a Loved One**

*Phoenix*

602-264-7521

<http://www.steppingstonesofhope.org>

## HEALTH RESOURCES - Dental Care

### **AT Still University Dental Clinic**

*Mesa*

480-248-8100

[https://www.atsudental.com/dental\\_services/](https://www.atsudental.com/dental_services/)

### **Arizona Dental Foundation Special Events**

*Scottsdale/Statewide*

480-344-5777

<http://azdentalfoundation.org/>

## HEALTH RESOURCES - Dental Care CONTINUED

### **Brighter Way Institute -Children, Foster Children, Homeless, Veteran's Services**

*Phoenix*

602-483-4917

<https://www.brighterwaydental.org/>

### **Carrington College-Mesa Dental Hygiene Clinic (Free Cleanings)**

*Mesa*

480-717-3510

<https://carrington.edu/mesa-dental-hygiene/>

### **Midwestern Dental Institute**

*Glendale*

623-537-6000

<https://www.mwuclinics.com/arizona/services/dental>

## HEALTH RESOURCES - MEDICAL HEALTH CARE

### **AZ Healthcare Cost Containment System (AHCCCS)**

*Statewide*

602-417-7100

<https://www.azahcccs.gov/>

### **AHCCCS-- Kids Care**

*Phoenix*

1-855-423-7587

<https://www.azahcccs.gov/Members/GetCovered/Categories/KidsCare.html>

### **Adelante Healthcare**

*9 Valley Wide Locations*

1-877-809-5092

### **Banner Baywood Medical Center**

*6644 E. Baywood Ave, Mesa 85206, East Mesa*

480-321-2000

### **Banner Desert Medical Center**

*1400 S. Dobson Road, Mesa 85202, West Mesa*

480-412-3000

### **Banner Gateway Medical Center**

*1900 N. Higley Road, Gilbert AZ*

480-543-2000

### **Banner Ironwood Medical Center**

*37000 N. Gantzel Road, Queen Creek 85140*

480-394-4000

### **Banner Thunderbird Medical Center**

*5555 W. Thunderbird Road, Glendale, North West Phoenix*

602-865-5555

### **Cardon's Children's Medical Center**

*1400 S. Dobson Rd. Mesa 85202, West Mesa*

480-412-5437



## HEALTH RESOURCES - MEDICAL HEALTH CARE CONTINUED

### **Chandler Regional Medical Center**

1955 W. Frye Road, Chandler 85224  
480-728-3000

### **Circle the City Mobile Outreach Services for the Homeless**

Phoenix  
602-776-0776

### **Circle the City Homeless Respite Care**

Phoenix  
602-776-9000

### **Desert Mission Health Center/Noah**

*Sliding Scale Available Valley Wide*  
480-882-4545

### **Maricopa County Community Health**

Phoenix  
602-506-3011

### **Mission of Mercy—Free Healthcare**

*Statewide Clinics*  
602-861-2233

### **Native American Community Health Center**

Phoenix  
602-279-5262

### **Phoenix Children's Hospital**

1919 East Thomas Road Phoenix, 85016  
602-933-1000

### **St. Joseph's Hospital and Medical Center**

350 W. Thomas Rd. Phoenix, 85013  
602-406-3000

### **Tempe St. Luke's Hospital**

1500 S. Mill Ave. Tempe, 85281  
480-784-5500

### **The Neighborhood Christian Clinic— Healthcare for the Underinsured**

Phoenix  
602-258-6008

### **Terros Health and Wellness**

Phoenix  
602-685-6000

## HEALTH RESOURCES - Mental/Behavioral Health Care

### **Aurora Behavioral Health- (Adults & Adolescent Inpatient & Outpatient)**

Glendale & Phoenix  
1-877-807-7012

## HEALTH RESOURCES - Mental/Behavioral Health Care CONTINUED

### **AZ Teen Solutions for Suicide Hotline and Text Messaging 24/7 (Parents & Teens)**

*Statewide*  
623-879-9600

### **Banner Behavioral Health Hospital (Inpatient Psychiatric and Substance abuse) Adults and Minors**

*Scottsdale*  
480-448-7500

### **Community Bridges, Inc. (Addiction Treatment & Behavioral Health)**

*East Valley*  
24/7 Hotline 1-877-931-9142

### **Connections Psychiatric Crisis Centers-Substance Abuse and Mental Health Treatment**

*Maricopa County*  
602-416-7600

### **Crisis Response Network, Inc. (24/7) - Mobile Teams SMI Determinations**

*Statewide*  
602-222-9444 or 1-800-631-1314

### **EMPACT (24/7 Suicide and Other Mental Health Crisis Hotline)**

*Statewide*  
480-748-1500

### **Family Service Agency**

Mesa and Phoenix  
602-264-9891

### **Florence Crittenton-Girls, Teen Girls, Behavioral Health Group Homes and Programming**

Phoenix  
602-274-7318

### **MARC Community Resources - Behavioral & Mental Health Programs**

Mesa  
480-969-3800

### **Mercy Care (Non-profit Health Plan for SMI, Substance Abuse, & Low income)**

*Statewide*  
602-263-3000 or 1-800-564-5465

### **National Alliance on Mental Illness (NAMI) Advocacy & Resources**

*Nationwide*  
602-244-8166 or 1-800-950-6264

### **National Suicide Prevention Lifeline**

*Nationwide*  
1-800-273-8255



## HEALTH RESOURCES - Mental/Behavioral Health Care CONTINUED

### **Oasis Behavioral Health – Psychiatric and Residential Treatment Center**

Chandler  
1-844-291-8705

### **Phoenix Children’s Hospital Mental Health Department**

Phoenix  
602-933-5437

### **Quail Run Behavioral Health- Ages 13 and Up**

Phoenix  
602-455-5700  
1-844-772-7771

### **Redemption Psychiatry—Care for Children, Adolescents, and Adults**

*East Valley*  
480-471-8560

### **RI International Recovery Response Center and Crisis Respite – Involuntary and Voluntary Psychiatric Evaluations**

*Peoria*  
602-650-1212  
1-866-481-5361

### **San Tan Behavioral Health-Sliding Scale Payment Option for Children, Teens, Young Adults**

*Gilbert*  
480-507-3644

### **St. Luke’s Behavioral Health Center- Inpatient and Outpatient Services**

*Phoenix and Various Outpatient Clinics*  
602-251-8535

### **Terros Health—Counseling and Mental Health Services**

*Valley Wide*  
602-685-6000

### **Valleywise Behavioral Health Center-Mesa (Inpatient and Outpatient Services)**

*Mesa and Phoenix*  
1-833-855-9973

## HEALTH RESOURCES - Substance Abuse Treatment

### **Alcoholics Anonymous-12 Step Program**

*Nationwide*  
1-212-870-3400

### **Alcoholics Anonymous-Arizona 12- Step Program**

*Statewide Meetings*  
602-264-1341

## HEALTH RESOURCES - Substance Abuse Treatment CONTINUED

### **AI Anon-Meetings for Friends and Families of Alcoholics**

*Arizona*  
602-249-1257 or 480-969-6144

### **Bridge to Recovery-Community Bridges Detox Center**

*Mesa*  
1-877-931-9142

### **Calvary Healing Center-Residential and Outpatient Addiction Treatment**

*Valley Wide Locations*  
480-359-2224

### **Celebrate Recovery – Christian 12- Step Program for Hurts, Habits, & Hang-ups**

*Statewide Local Meetings*  
602-325-4702

### **Center for Hope—Community Bridges Transitional Housing**

*Mesa*  
480-461-1711

### **East Valley Intergroup of Alcoholics Anonymous**

*Mesa*  
480-827-1905

### **Hope for Addiction-Weekly Meetings, Mentorship, and Transition Support**

*Gilbert*  
480-782-0403

### **Narcotics Anonymous AZ Region**

*Statewide*  
602-325-4702

### **Parents of Addicted Loved Ones (PAL)-Parents and Spouses of Addicts**

*Statewide*  
480-300-4712

### **Salvation Army Adult Rehabilitation Programs (long-term residential programs)**

*Phoenix*  
602-256-4500

### **Teen Challenge - Residential Recovery Programs for Adults and Teens**

*Statewide*  
1-800-346-7859

### **Transitional Living Communities**

*Mesa*  
480-833-0143

### **Valley Hope-Residential and Outpatient Addiction Treatment**

*Chandler*  
1-800-544-5101

## HELP LINES

### **Arizona 2-1-1 Community Information and Referral -24/7 Information Line**

*Peoria Offices/Statewide Services*  
Dial 2-1-1

### **Arizona Teen Crisis Solutions-Teen Suicide Prevention**

*Statewide*  
1-800-784-2433

### **Banner Poison and Drug Information Center**

*Maricopa County*  
1-800-222-1222

### **Boys Town National Crisis Hotline**

*Nationwide*  
1-800-448-3000

### **Child Care Resource & Referral-AZ Childcare Needs**

*Statewide*  
1-800-308-9000

### **Crisis Response Network-For any Mental Health Crisis**

*Nationwide*  
1-800-631-1314

### **Child Abuse Hotline**

*Nationwide*  
1-800-422-4453

### **Child Abuse Hotline-AZ**

*Statewide*  
1-888-767-2445

### **Crisis Nursery-Crisis Shelter for ages 0-12**

*Statewide*  
602-273-7364

### **Department of Economic Security-Variou Programs for Assistance**

*Phoenix*  
602-542-9935

### **Department of Child Safety (DCS)-Report Child Abuse**

*Statewide*  
1-888-767-2445

### **Domestic Violence Hotline**

*Nationwide*  
1-800-799-7233

### **EMPACT (24/7 Suicide and Other Mental Health Crisis Hotline)**

*Statewide*  
480-748-1500

### **Homeowners HOPE Hotline-Fee Confidential Information on Foreclosure Prevention**

*Nationwide*  
1-888-995-4673

## HELP LINES CONTINUED

### **Housing Resources-Arizona Department of Housing-Affordable Housing**

*Phoenix*  
602-771-1000

### **Jason Foundation-Resources and Information on Teen Suicide**

*Nationwide*  
1-615-264-2323

### **Legal Advice - Legal Help Live Chat**

*Arizona*  
<https://www.azcourthelp.org/live-chat>

### **National Council for Behavioral Health-Local Behavioral Health Services**

*Nationwide*  
1-202-684-7457

### **National Alliance on Mental Illness (NAMI)**

*Nationwide*  
1-800-950-6264

### **National Runaway Safeline-24/7 Hotline**

*Nationwide*  
1-800-621-4000

### **Rape, Abuse, & Incest National Network & Sexual Assault**

*Nationwide*  
1-800-656-4673

### **SAMHSA-Helpline for Substance & Mental Health Treatment facilities**

*Nationwide*  
1-800-662-4357

### **Senior Citizens/Adult Protective Services**

*Arizona*  
1-877-767-2385

### **Smokers Helpline-AZ Free Support to Quit Smoking**

*Nationwide*  
1-800-556-6222

### **Teen Lifeline-Teen to Teen Support**

*Nationwide*  
1-800-248-8336

### **The Parent Assistance Center (PAC)**

*Phoenix*  
602-288-0155

### **Veteran Affairs**

*Nationwide*  
1-877-424-3838

### **Veteran's Crisis Line**

*Nationwide*  
1-800-273-8255 press 1 or text 838255

## HOMELESS RESOURCES

**Andre House—For Men; Must be Seeking Employment and be Free from Substance Abuse**

Phoenix  
602-252-9023

**A New Leaf East Valley Men's Homeless Shelter - Emergency Shelter**

Mesa  
480-610-6722

**Central AZ Shelter Services (CASS)- Men, Women, and Families are Welcome(hot meals, shelter, and food pantry available)**

Phoenix  
(602) 256-6945

**Changing Lives Center-(Phoenix Rescue Mission) Faith-based recovery program for Women & Children**

Phoenix  
602-688-6219

**Church on the Street- Life Recovery Program for Men and Women over the age of 18**

Phoenix  
602-257-8918

**Circle the City Homeless Respite Care-Services for Homeless People with Medical Needs**

Phoenix  
602-776-9000

**Family Promise of Greater Phoenix-Must be at least one parent and child with the desire & ability to work**

Scottsdale  
480-659-5227

**Homebase-Safe Emergency Housing for Teens and Young Adults ages 18-24**

Phoenix  
602-254-3247

**Homeward Bound—Provides the opportunity to get out of poverty for families/70 2-bedroom apartments/case management**

Phoenix  
602.263.7654

**Housing Authority of Maricopa County—Improving Quality of Life through Affordable Housing**

Maricopa County  
602-744-4500

**House of Refuge-Transitional and supportive services for families experiencing homelessness; Families must be processed through the Housing Hub**

Mesa  
Housing Hub: 602-595- 8700  
Crisis Hotline: 1-800-631-1314

## HOMELESS RESOURCES CONTINUED

**House of Refuge Sunnyslope- Men, Women, Single Mom's with Children**

Phoenix  
602-678-0223

**Interfaith Homeless Emergency Lodging Program (IHELP)- Emergency Shelter Services for Men and Women; Check-in at Care 1st Avondale Resource Center**

Avondale  
623-333-2703

**Interfaith Homeless Emergency Lodging Program (IHELP)- Emergency Shelter Services for Women; Check-in at Paz De Cristo**

Mesa  
480-684-0645

**Interfaith Homeless Emergency Lodging Program (IHELP)- Emergency Shelter Services for Men and Women; Call first for bed availability**

Tempe  
480-422-8922 ext. 5000

**La Mesita Emergency Family Housing (Processed through the Housing Hub)**

Mesa  
602-595-8700

**Phoenix Dream Center—Men, Women, Foster Transition, and Recovery from Trafficking**

Phoenix  
602-346-8700

**Saguaro Ki Transitional Housing- Transitional Housing for Young Adults 18-24-Must have Income**

Phoenix  
602-263-5531

**St. Vincent De Paul Diocese-The Diocesan Council-Ozanam Manor; for those who are 50 or older**

Phoenix  
602-850-6900

**Save the Family-Transitional or Rapid Rehousing (Processed through the Housing Hub)**

Mesa  
Housing Hub: 602-595- 8700  
Crisis Hotline 1-800- 631-1314

**St. Vincent DePaul-Travel Assistance to Nonresidents who are in Crisis so they Receive Help to Return Home**

Phoenix  
602-261-6852

**Transforming Lives Center— (Phoenix Rescue Mission) Faith-based recovery program for men**

Phoenix  
602- 346-3384

## HOMELESS RESOURCES CONTINUED

### **UMOM New Day Center/Emergency Shelters— Families with dependent Children**

*Phoenix*

Call the Housing Hub for availability; 602-595-8700

### **Veteran's Affairs Supportive Housing –State of AZ**

*Phoenix*

1-877-424-3838

### **Vista Colina-Family Emergency Shelter Apartments May stay up to 90 days (Central AZ Shelter Services)**

*Phoenix*

Direct line 602-944-0960; Housing Hub 602-595-8700

## IMMIGRATION SERVICES

### **U.S. Citizenship and Immigration Services (USCIS)- AZ Field Office Resources for getting US Citizenship**

*Phoenix*

1-800-375-5283

### **Catholic Charities Community Services-Variou Services Involving Immigration**

*Phoenix*

602-285-1999

### **Chicanos Por La Causa Family Immigration Services-Variou forms of legal assistance**

*Phoenix, Somerton*

602-257-0700

### **Friendly House-Free Immigration Consultations**

*Phoenix, Glendale*

602-257-1870

### **Certified Legal Document Preparer Program-List of Certified Document Preparers in Arizona**

*Arizona*

<https://www.azcourts.gov/Portals/26/LDP/Directory/Directory%202019/LDPDirectory%202-15-2019.pdf?ver=2019-02-20-133911-297>

### **Community Legal Services**

*Arizona*

1-800-852-9075

### **Federal Public Defender's-District of Arizona- Ensure Rights guaranteed by the 6th Amendment of the Constitution**

*Phoenix*

928-213-1942

### **Family Legal Services Program- Volunteer Family Lawyers are Available by Appointment Only**

*Phoenix*

602-506-7948

### **Maricopa County Bar-Help with Legal Resources**

*Maricopa County*

602-257-4434

## LOW COST HOUSING

### **Affordable Rent Movement (ARM)— Save the Family; Assistance with Getting into an Affordable Unit**

*Mesa*

480-898-0228 Ext. 401

### **Arizona Temporary Assistance for Needy Families (TANF) –Cash Assistance Program**

*Arizona*

602-542-9935; 1-800-352-8401

### **ARM Resource List of Affordable Housing in Mesa, Phoenix, and Tempe**

*Mesa*

480-898-0228

### **Arizona Department of Housing- Section 8, Eviction Prevention, Fair Housing, Foreclosure Assistance**

*Phoenix*

602-771-1000

### **City of Glendale-Housing Rehabilitation Programs**

*Glendale*

623-930-3670

### **Family Services Centers-Emergency Rental and Utility Assistance; Appointments Needed**

*Phoenix*

602-534-2433

### **Gilbert Cares-Refurbishing Homes for Low Income Families**

*Gilbert*

480-857-8581

### **Gilbert Community Action Program (CAP)- Emergency Rental Assistance**

*Gilbert*

480-892-5331

### **Glendale Community Action Program (CAP)-Rental Assistance to Prevent Homelessness**

*Glendale*

623-930-2854

### **Habitat for Humanity-Application to become an Owner of a Habitat Home**

*Nationwide*

1-800-422-4828

### **Helping Hands Home Repairs- Vineyard North Phoenix (Single Mothers, over 60's; and Veteran's)**

*Phoenix*

623-934-4000

### **Mesa Community Action Network (Mesa CAN)- Emergency Financial Assistance**

*Mesa*

480-969-4024

## LOW COST HOUSING CONTINUED

### **A New Leaf/Mesa Can-Utility/Rent Payment Assistance**

Mesa  
480-833-9200

### **Rebuilding Together Valley of the Sun-Repairing Homes**

Tempe  
480-774-0237

### **Repair My Home-City of Mesa Homeowner Rehab Program**

Mesa  
480-644-3536

### **Town of Gilbert Emergency & Minor Home Repair Program**

Gilbert  
480-503-6000

## MILITARY INSTALLATIONS

### **Camp Navajo Army Base**

Flagstaff  
928-773-3124

### **Davis- Monthan Air Force Base**

Tucson  
520-228-1110

### **Fort Huachuca**

Cochise  
520-533-2330

### **Luke Air Force Base**

Glendale  
623-856-7411

### **Marine Corps Air Station Yuma (MCAS)**

Yuma  
928-269-2252

### **US Army Yuma Proving Ground**

Yuma  
928-328-6533

## PARENT RESOURCES

### **Arizona's Children Association- Resources for creating a healthy family environment**

Phoenix  
1-800-944-7611

### **Arizona Brainfood- Provides Hungry Students with a Backpack of Food for the Weekends**

Mesa  
480-415-0066

### **Arizona Child Support Services**

Statewide  
1-800-882-4151 or 602-252-4045

## PARENT RESOURCES CONTINUED

### **Big Brothers Big Sisters of Central Arizona**

Valleywide  
602-264-9254

### **Black Family and Child Services of Arizona (BFCS)- Various Resources for Families**

Phoenix  
602-243-1773

### **Child and Family Resources-Serving Children, Youth, and Families**

Statewide  
602-234-3941

### **Childcare Resources and Referrals**

Statewide  
1-800-308-9000

### **Head Start Association-Early Childhood Education Services for Eligible Families**

Nationwide  
1-866-763-6481

### **Native American Fathers and Families Association**

Mesa  
480-833-5007

### **Parenting Arizona- Chicanos Por La Causa**

Statewide  
602-248-0428

### **Southwest Human Development**

Statewide  
602-266-5976

## PREGNANCY RESOURCES

### **Hope Women's Center-Free Pregnancy Tests, Support, Parenting Resources, Women's Advocacy**

Various Locations  
602-715-0999

### **Maggie's Place-Housing and Support for Pregnant Women**

Various Locations  
602-262-5555

### **Pregnancy Care Center-Post Abortive Recovery Group, Free Pregnancy Tests, Parenting Classes, Supportive Care**

Gilbert, Chandler, Mesa  
480-374-2994

## SENIOR RESOURCES

### **AARP-Arizona-Advocacy Organization for Seniors**

Statewide  
1-866-389-5649

## SENIOR RESOURCES CONTINUED

### **About Care-Empowering Independent Living/Free Weekly Care Services**

*Chandler & Gilbert*  
480-802-2331

### **Age Work-Center Job Board for Seniors**

*Nationwide*  
1-888-575-9675

### **Alzheimer's Association Arizona**

*Arizona*  
1-800-272-3900

### **Area Agency on Aging-Resources for Seniors (Includes Senior Center Locations around Arizona)**

*Statewide Locations*  
1-888-783-7500 or 602-230-9132

### **Arizona Long Term Care System (ALTCS)-Arizona's Medicaid Eligible Aged, Blind, Disabled, or Developmentally Disabled**

*Statewide*  
1-888-621-6880

### **Assistance for Independent Living-Services to Help Keep Seniors in their Home.**

*Mesa*  
480-966-9704

### **Care Patrol-Resources for Safer Senior Living Senior Placement Organization**

*Nationwide*  
1-866-560-5656

### **Chandler Senior Center**

*Chandler*  
480-782-2720

### **East Valley Adult Resources-Social Service Programs for Senior Adults**

*Central Mesa & East Mesa*  
480-964-9014

### **Foundation for Senior Living**

*Phoenix*  
602-285-1800

### **Gilbert Senior Center**

*Gilbert*  
480-503-6061

### **Glendale Adult Center**

*Glendale*  
623-930-4321

### **Lutheran Social Services of the Southwest-Aging & Disability Services**

*Phoenix*  
480-396-3795

## SENIOR RESOURCES CONTINUED

### **Meals on Wheels-Local Senior Support Home Delivery Service**

*Nationwide Call for Nearest Location*  
1-888-998-6325

### **Oakwood Creative Care-Red Mountain-Adult Day Care**

*East Mesa*  
480-641-7644

### **Oakwood Creative Care-Town Center-Adult Day Care**

*Central Mesa*  
480-464-1061

### **Queen Creek Senior Program**

*Queen Creek*  
480-358-3700

### **Senior Help Line-24 Hour Resources from the Area Agency on Aging**

*Phoenix*  
602-264-4357

### **Social Security-Information on Retirement**

*Nationwide*  
1-800-772-1213

### **Tempe Senior Programs and Activities**

*Tempe*  
480-350-4311

## SENIORS TRANSPORTATION

### **About Care-Weekly Rides to Run Errands or Dr. Appointments**

*Chandler & Gilbert*  
480-802-2331

### **Dial-a-Ride Services-Curb-to Curb or Door-to-Door Services for Senior's 65 and Older**

*Valley Wide*  
602-716-2100

### **East Valley Ride Choice-For Seniors 65 and Older-Must Complete Application and be Approved**

*Valley Wide*  
602-716-2111

### **Neighbors who Care-Transportation and Errands to Support Seniors Living at Home**

*Sun Lakes and South Chandler*  
480-895-7133

### **Quality Transport Services-Provides Transportation Services for those in Wheel Chairs or Stretchers (Call for Rates)**

*Arizona*  
602-371-1000

Valley Metro Bus Services  
*Valley Wide*  
602-370-1000



## SPECIAL EDUCATION

### **Ability 360-Advocacy for Individuals with Disabilities**

*Locations State Wide*

602-256-2245

### **Arizona Center for the Blind & Visually Impaired**

*Phoenix*

602-273-7411

### **Arizona Commission for the Deaf & Hard of Hearing- Information and Services for those who are Deaf**

*Arizona*

602-542-3323 or 1-800-352-8161 TTY

### **Arizona Governor's Council on Spinal & Head Injuries**

*Arizona*

602-774-9148

### **Arizona Relay Service- Communication Assistance for Speech Impairment**

*Arizona*

1-800-842-4681 or 1-800-367-8939 TTY

### **Autism Society of Greater Phoenix- Parent Resources and Advocacy**

*Phoenix*

480-940-1093

### **Autism Speaks Arizona Chapter- Resources and Advocacy for Parents of Children on the Spectrum**

*Mesa*

480-450-3920

### **Arizona Department of Economic Security-Services for the Deaf, Blind, and Visually Impaired**

*Phoenix*

602-542-3323 or Video Phone 480-559-9441

### **Civitan Foundation- Programs and Services for Adults and Children with Developmental Delays**

*Phoenix*

602-953-2944

### **Com Trans-Specialized Community Behavioral Health and Social Service Transportation**

*Various Locations*

602-231-0102

### **Division of Developmental Disabilities for the State of Arizona**

*Phoenix*

1-800-237-3007

### **Foundation for Blind Children in Arizona**

*Chandler and Phoenix*

602-331-1470 or 602-678-5800

### **Marc Community Resources- Behavioral Health and Developmental Disabilities Services**

*Mesa*

480-969-3800

## SPECIAL EDUCATION CONTINUED

### **Smiles for Special Needs-Services for Individuals with Intellectual and Developmental Delays**

*Mesa & San Tan*

480-361-1972

### **Social Security Administration- Disability Division**

*Nationwide*

1-800-772-1213

### **Southwest Autism Research and Resource Center- Comprehensive Behavioral Supports for Families**

*Phoenix*

602-340-8720

### **Valley Center of the Deaf-Provides Interpreting Services**

*Phoenix*

602-267-1921

## TEEN RESOURCES

### **Adolescent Substance Abuse Program (ASAP)- Outpatient Treatment Program**

*Glendale, Mesa, Phoenix*

602-434-0249

### **AI Al-Anon/Alateen Family Groups- Help and Hope for Families and Friends of Alcoholics**

*Arizona*

602-249-1257 or 480-969-6144

### **Arizona Teen Crisis Solutions-For Parents of Struggling and Troubled Teens 24-Hour Cell Phone**

*Arizona*

623-897-9600

### **New Pathways for Youth-Mentoring for At-risk Teens**

*Phoenix*

602-258-1012

### **Teen Addiction Anonymous-High School 12-Step Prevention Program**

*Phoenix/Glendale*

623-581-0284 or 602-329-1588

### **Teen Challenge of Arizona-Christian Substance Abuse Treatment for Teens and Adults**

*Various Locations in Arizona*

1-800-346-7859

### **Teen Lifeline-Prevention and Suicide Helpline for Teens with Depression**

*Statewide in Arizona*

602-248-8336 or 1-800-248-8336



## UTILITY ASSISTANCE

### **Arizona Community Action Association-List of Local Agencies that Provide Utility Assistance for Each of Arizona's Counties**

*Statewide*  
602-604-0640

### **Low Income Energy Conservation LIEC Program-(LIEC) Program through Mesa CAN; Additional Payment Assistance for Utilities is also Available**

*Mesa*  
480-833-9200

### **Lutheran Social Services of the Southwest-Financial Help for Families who Qualify for Assistance**

*Various Locations*  
480-654-4539

### **Salvation Army-Variou Emergency 1-Time Only Help with Utility Assistance**

*Phoenix*  
602-267-4127

### **Southwest Gas Special Programs and Assistance in Arizona-Short- term Bill Assistance Program**

*Arizona*  
1-877-8600-6020

### **Salt River Project (SRP) Offers a Variety of Assistance Options**

*Arizona*  
602-236-8888

## VETERAN'S SERVICES

### **Arizona Disabled Veteran Foundation**

*Phoenix*  
602-448-3268

### **Hidden Heroes-Services and Programs for Military Veteran's Caregivers**

*Nationwide*  
1-202-249-7172

### **Mesa Veterans Resource Center-Comprehensive Resources**

*Mesa*  
480-969-8601

### **US Dept of Veterans Affairs-Mental Health Services**

*Nationwide*  
1-800-273-8255 Press 1

### **Veteran Affairs-Resource Lists and Services for Health Care, Disability, Education, and Records**

*Nationwide*  
1-877-424-3838

### **Veteran's Crisis Line-Confidential Support 24/7/365**

*Nationwide*  
1-800-273-8255 or Text 838255