

**Weekend Recap - Discussion Guide**  
*Selah: A Series on Wisdom, Gratitude and Worship*  
Week 2: November 17-20

**Title:** Peace and Contentment in Troubled Times

**Big Idea:** If you want to experience peace and contentment in your life you must apply God's wisdom in your finances.

**Optional Ice Breaker:** What was your last big purchase? Did you regret it? Why or why not?

**Discuss:**

1. How have you felt the effects of inflation?
2. Are you keeping score in your finances? What will it take for you to start? If you are keeping score, how has this impacted your peace with finances?
3. What stood out to you most from the message?
4. What are some activities that you or your family enjoy that you'd put in the "High Enjoyment/Low Cost" category?
5. What are some activities that you or your family enjoy that you'd put in the "High Enjoyment/High Cost" category?
6. What is the next step for you to have peace and contentment financially?

**For Students:** Is there a habit that you can start now to set yourself up for success financially in the future?

**Challenge:** Dave shared 6 strategies to filter our financial decisions through: 1) Keep score 2) Commit to living a high value lifestyle 3) Commit to making logical decisions not emotional decisions 4) Build a safety net 5) Commit to allow God's word to change your thinking and your financial decisions 6) Live Generously. Choose one to implement into your life.

**Scriptures:**

- Proverbs 27:23-24 Be sure you know the condition of your flocks, give careful attention to your herds; for riches do not endure forever.
- Proverbs 17:1 Better a dry crust with peace and quiet than a house full of feasting, with strife.
- Proverbs 11:24-25 One person gives freely, yet gains even more; another withholds unduly, but comes to poverty. A generous person will prosper; whoever refreshes others will be refreshed.
- Proverbs 3:1-2 says My son, do not forget my teaching, but keep my commandments in your heart, for they will prolong your life many years and bring peace and prosperity.

**Prayer:** Ask God to give you wisdom with finances.

**Next Week-Sneak Peek:** Don't forget this Wednesday on all of our campuses are Thanksgiving Eve Services. Hope you join us! Next Weekend we'll be looking at what the Psalms say about worship!