






	<p>JOYRIDE: Searching for Joy...in Change</p>
 <b>BIG IDEA</b>	<p>Jesus became like us so we could become like Him.</p>
 <b>ICE BREAKER</b>	<p>Have you ever adopted or fostered a pet? Share your experience, or if you haven't, what kind of pet would you consider adopting and why?</p>
 <b>MAIN POINTS</b>	<ul style="list-style-type: none"> <li>● Like Millie the dog, we can all change.</li> <li>● Trying to change through willpower alone often leads to failure</li> <li>● A genuine encounter with Jesus leads to a relationship which leads to change.</li> <li>● Religious self absorption leads to “external conformity” rather than “internal change”</li> <li>● Our behaviors are our beliefs put into action</li> </ul>
 <b>DISCUSS</b>	<ol style="list-style-type: none"> <li>1. What most stood out to you from the message this weekend? Why?</li> <li>2. How do you typically respond to change in your life? Do you tend to resist it or embrace it?</li> <li>3. Do you believe people can change? Why or why not? Have you seen it in your own life? Where?</li> <li>4. Read Philippians 2:5-8. What strikes you about Jesus' example of humility? How can we practically apply this mindset in our daily lives?</li> <li>5. Pastor Cal shared that transformation comes through relationship. What rhythms do you have or practice to maintain a relationship with Jesus?</li> <li>6. What's the difference between trying to change through willpower versus through a relationship with Christ?</li> </ol>
 <b>NEXT STEP</b>	<p>What's one specific way you can put others before yourself this week, following Jesus' example?</p>
 <b>SCRIPTURE</b>	<p>2 Corinthians 5:17 Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!</p> <p>Philippians 2:5-8 In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross!</p>
 <b>NEXT WEEK SNEAK PEAK</b>	<p>Join us next week and invite a friend as we continue the JOYRIDE series studying the Book of Philippians!</p>

Questions or Feedback? Email [Groups@CentralAZ.com](mailto:Groups@CentralAZ.com)