






	I AM _____ - The Way, the Truth & the Life
 <b>BIG IDEA</b>	When your life is troubled Jesus won't just hand you a map. He'll become your path, embody truth and give you life.
 <b>ICE BREAKER</b>	Share about a time when you felt like you were "on the inside" of something exclusive (a secret menu item, a locals-only place, a special event, etc.). What made that experience meaningful to you?
 <b>MAIN POINTS</b>	<ul style="list-style-type: none"> <li>● Jesus made His bold statement about being "the way, the truth, and the life" in the midst of the disciples' fear and confusion.</li> <li>● The language Jesus used mirrored the Jewish marriage proposal tradition: <ul style="list-style-type: none"> <li>○ Offering the cup (of the new covenant)</li> <li>○ Going to prepare a place in the Father's house</li> <li>○ Promising to return for His bride</li> </ul> </li> <li>● Jesus doesn't just know the way or show the way—He IS the way.</li> <li>● In a world where "truth" has become subjective, Jesus presents Himself as objective truth.</li> <li>● There are three Greek words for life: bios (physical), psuchē (mind/emotions), and zōē (eternal). Only Jesus can offer zōē life</li> </ul>
 <b>DISCUSS</b>	<ol style="list-style-type: none"> <li>1. How does Jesus' exclusive claim ("No one comes to the Father except through me") challenge or comfort you?</li> <li>2. What situations in your life right now make your heart feel "troubled" (tarassō—agitated, rattled, thrown into chaos)? How might Jesus' words in John 14:1 speak to those situations?</li> <li>3. How does seeing Jesus' words as a marriage proposal rather than just a theological statement impact your understanding of His relationship with you?</li> <li>4. What do you think about the statement: "Jesus isn't saying, 'I know the way.' He's saying, 'I AM the way'"? How is this distinction meaningful?</li> <li>5. In what area of your life do you need Jesus to be "the way" right now?</li> <li>6. How have you seen the concept of "truth" become fuzzy in our culture? How does Jesus' claim to be THE truth address this?</li> <li>7. What's the difference between following a set of beliefs versus following a Person who is truth?</li> <li>8. Which type of "life" (bios, psuchē, or zōē) do you find yourself most focused on day-to-day? How might Jesus' offer of zōē life change your perspective?</li> </ol>
 <b>NEXT STEP</b>	What is one practical step you can take this week to more intentionally follow Jesus as your way, trust Him as your truth, and experience Him as your life?
 <b>SCRIPTURE</b>	John 14:1 Do not let your hearts be troubled. You believe in God; believe also in me.

	John 14:6 Jesus answered, “I am the way and the truth and the life. No one comes to the
<div> NEXT WEEK SNEAK PEAK</div>	Join us next week and invite a friend as continue the I AM series exploring who Jesus is!

Questions or Feedback? Email [Groups@CentralAZ.com](mailto:Groups@CentralAZ.com)